



Kalari Rasayana

Psoriasis – 14N

The Psoriasis Treatment Package designed for 14 nights, and 21 nights is a holistic Ayurvedic healing program inspired by the principles of Rasayana Chikitsa as practiced at Kalari Rasayana. This program focuses on deep detoxification, immune modulation, and skin rejuvenation through a structured combination of Panchakarma therapies, personalized herbal medications, and a therapeutic diet. The initial phase emphasizes cleansing the body of accumulated toxins, followed by intensive rejuvenation therapies that help restore cellular health and balance the doshas responsible for psoriasis. Integrated with yoga, meditation, and lifestyle guidance, the treatment aims not only to reduce symptoms such as scaling, redness, and irritation but also to promote long-term skin health, improved immunity, and overall well-being. The 14-night program offers a focused detox and revitalization experience, while the 21-night program allows for a more intensive and sustained healing process, ensuring deeper regeneration and lasting results.

****** Rates are subject to availability and conversion rates at the time of booking.**



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Single – Euro 7582

Double – Euro 12829

Psoriasis – 21N:

Single – Euro 10012

Double – Euro 16911

Package Inclusions:

- 🌿 Doctors' consultations
- 🌿 All Ayurveda treatments including therapeutic massages and steam treatments.
- 🌿 Yoga and meditation sessions.
- 🌿 Accommodation.
- 🌿 Airport pick-up and drop.

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